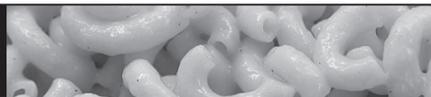


APPETIZERS



A1	BUFFALO WINGS(6) \$7.95(12) 13.95
A2	BBQ WINGS(6) \$7.95(12) 13.95
A3	TERIYAKI WINGS(6) \$7.95(12) 13.95
A4	HONEY MUSTARD WINGS(6) \$7.95(12) 13.95
A5	MOZZARELLA STICKS(6) \$7.95(12) 10.95
A6	MINI CHICKEN QUESADILLA(6) \$7.95(12) 10.95
A7	COCONUT SHRIMP(6) \$7.95(12) 12.95
A8	MANGO SHRIMP(6) \$7.95(12) 12.95
A9	BUFFALO CHICKEN STRIPS(6) \$8.50(12) 11.50
A10	HONEY MUSTARD CHICKEN STRIPS(6) \$8.50(12) 11.50
A11	SESAME TERIYAKI CHICKEN STRIPS(6) \$8.50(12) 11.50
A12	BBQ CHICKEN STRIPS(6) \$8.50(12) 11.50

*All appetizers come with their own dipping sauces*add fries \$2.00 more

FROM THE GRILL



G1	12 OZ. BURGER w/ lettuce and tomato \$8.95
G2	VEGGIE BURGER w/ lettuce and tomato \$6.95
G3	MEXICAN BURGER w/ melted pepper jack, salsa, sour cream, and guac \$11.95
G4	COWBOY BURGER w/ bacon, cheddar, and BBQ sauce \$11.95
ADD cheese, mushrooms, onions	 \$1.50
ADD bacon, avocado	 \$1.75
Deluxe, lettuce tomato pickle and fries	 \$3.00

SIDE DISHES



SD1	FRENCH FRIES Sm \$4.95 Lg \$5.95
SD2	FRENCH FRIES w/ melted cheese Sm \$4.95 Lg \$5.95
SD3	FRENCH FRIES w/ melted mozzarella and gravy Sm \$6.95 Lg \$7.95
SD4	ONION RINGS Sm \$4.95 Lg \$5.95
SD5	SWEET POTATO FRIES Sm \$4.95 Lg \$5.95
SD6	CINNAMON SWEET POTATO FRIES Sm \$4.95 Lg \$5.95
SD7	BUFFALO FRIES w/ melted mozz Sm \$4.95 Lg \$5.95
SD8	MASHED POTATOES w/gravy Sm \$4.95 Lg \$5.95

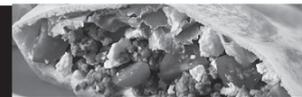
HOT SOUPS DAILY

3 -HOME MADE SOUPD SERVED DAILY, CALL FOR THE SELECTION
SMALL 12oz. \$4.95 - LARGE 16oz. \$5.95 - QT \$8.95

LUNCH COMBOS

½ wrap special ½ any wrap w soup \$8.95
½ panini any ½ panin w soup \$9.95

VEGAN CORNER



V1	HUMMUS VEG WRAP, Hummus, spinach, black beans, carrots, peppers, cucumber, avocado \$9.50
V2	CHICKPEA WRAP, chickpeas, sriracha, spinach, avocado \$9.50
V3	VEGAN GREEK, hummus, spinach, cucumber, tomato, red onion, olives, olive oil \$9.50
V4	AVOCADO TOAST, olive oil, lemon juice, black pepper, crushed red pepper, and toast \$9.50
V5	VEGAN BURRITO, black beans, rice, lettuce, salsa, carrots, avocado \$9.50
V6	BUFFALO CHICKPEA WRAP, buffalo mashed chickpeas, lettuce, carrots, and red onion \$9.50
V7	ORIENTAL TOFU WRAP, grilled mandarin orange tofu w/ mixed greens, mandarin oranges, cherry tomatoes, oriental noodles, and pineapple \$9.50

HOT SELECTIONS



H1	FRIED CHICKEN FINGERS w/french fries \$10.95
H2	HONEY CAJUN CHICKEN FINGERS w/french fries \$11.95
H3	BUFFALO CHICKEN FINGERS w/french fries \$11.95
H4	CHICKEN QUESADILLA w/french fries \$11.95
H5	STEAK QUESADILLA w/french fries \$11.95
H6	SHRIMP QUESADILLA w/french fries \$11.95
H7	BUFFALO CHICKEN QUESADILLA w/french fries \$11.95
H8	STEAK TIDBITS w ff and bbq sauce \$11.95
H9	CHICKEN TIDBITS w ff and bbq sauce \$11.95
H10	PENNE ALA VODKA w/ small tossed salad, your choice of chicken or shrimp \$13.95
H11	BLACKENED SALMON TOPPED w/ mango salsa, honey chipotle sauce. Served w/mashed potatoes and sauteed spinach \$13.95

GRILLED CHEESE

GC1	REGULAR: American cheese.... Served with french fries \$7.95
GC2	BREAKFAST: Scrambled eggs, bacon, american cheese, served with french fries \$8.50
GC3	ITALIAN: Pesto, tomato, mozzarella cheese... served with french fries \$8.50
GC4	PEPPERONI PIZZA: Pepperoni, marinara, and mozzarella, Served w/ french fries \$8.50
GC5	BLT: Bacon, lettuce, tomato, provolone cheese... served with french fries \$8.50
GC6	BACON, AVOCADO, PEPPER JACK CHEESE.... Served w/ french fries \$8.50

*Choice of bread: White, rye, or whole wheat



Your Neighborhood Eatery
Offering Delectable Upscale Foods,
At Affordable Prices.



In Home And Corporate Catering



FAST LOCAL DELIVERY WITH NO MINIMUM!
OPEN MONDAY - SATURDAY

Phone: (516) 594-1349 or (516) 868-1157

Fax: (516) 868-2157

Be sure to give us your fax number

to receive our daily specials

get our daily specials on line at

www.icater4u.com



792 MERRICK RD., BALDWIN, NY. 11510

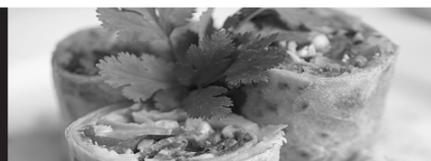
Prices subject to change without notice

OVER SIZED WRAPS



- W1 HEART ATTACK:** Fried chicken cutlet, onion rings, mozzarella, gravy **\$10.50**
- W2 FAJITA CHICKEN WRAP:** Grilled chicken, black beans, rice, sauteed peppers and onions, avocado, salsa/sour cream **\$10.50**
- W3 HAWAIIAN BBQ WRAP:** Grilled chicken in BBQ sauce, lettuce, red onion, pineapple, oriental noodles **\$10.50**
- W4 SMOKED TURKEY COBB SALAD WRAP:** Bacon, smoked turkey, lettuce, tomato, avocado, red onion, hard boiled egg, bleu cheese dressing **\$10.50**
- W5 GRILLED CHICKEN CAESAR:** Grilled chicken, romaine lettuce, caesar dressing, parmesan cheese. **\$8.99** w/ steak or shrimp . . . **\$10.50**
- W6 BUFFALO CHICKEN WRAP:** Fried buffalo chicken, lettuce, tomato, celery, bleu cheese dressing. **\$10.50**
- W7 TURKEY BLT:** Lettuce, tomato, bacon, mayo **\$10.50**
add avocado for. **\$10.50**
- W8 GRILLED VEGGIE WRAP:** mixed greens, mixed vegetables, fresh mozzarella, with balsamic reduction. **\$8.99** Add chicken . . . **\$10.50**
- W9 GREEK WRAP:** Grilled chicken, lettuce, tomato, red onion, feta cheese, balsamic dressing... add shrimp. **\$10.50**
- W10 SLICED STEAK WRAP:** Sliced steak, caramelized onions, mixed greens, and crumbled bleu cheese. **\$10.50**
- W11 CHIPOTLE CHICKEN WRAP:** grilled chipotle chicken, melted cheddar, bacon, tomato, avocado, and chipotle mayo **\$10.50**
- W12 BALSAMIC GRILLED CHICKEN:** balsamic grilled chicken, mixed greens, sliced apples, brie cheese, honey mustard dressing. **\$10.50**
- W13 ROMA:** Grilled chicken, pesto, mozzarella cheese, roasted red peppers, balsamic reduction. **\$10.50**

GRILLED WRAPS



- HW1 CAJUN STEAK WRAP:** Cajun steak, melted cheddar, bacon, avocado, cajun mayo. **\$10.50**
- HW2 CHICKEN CORDON BLEU:** Fried chicken cutlet, ham, melted swiss, russian dressing. **\$10.50**
- HW3 FRIED EGGPLANT:** fried eggplant, roasted red peppers, fresh mozzarella, pesto dressing **\$10.50**
- HW4 SMOKED TURKEY:** Smoked turkey, melted smoked gouda, caramelized onions, mixed greens, honey mustard dressing **\$10.50**
- HW5 ROAST BEEF:** Roast beef, melted american cheese, tomato, lettuce, red onion, mayo. **\$10.50**

Your choice of wrap Spinach, Plain, Tomato, Whole Wheat & Garlic and Herb.
Your wrap comes with a side pasta salad of the day.

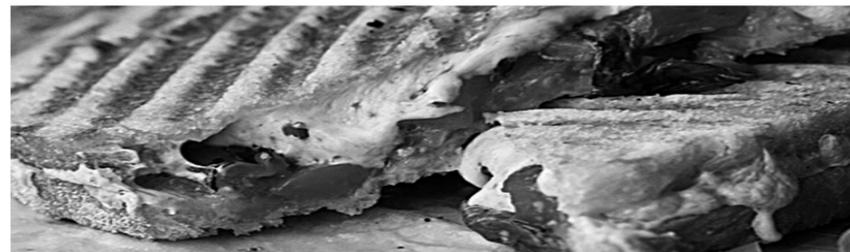


**CORPORATE ACCOUNTS
WELCOMED
CALL TO SET UP AN ACCOUNT**

**WE ACCEPT VISA, MASTER CARD, AND AMERICAN EXPRESS
MINIMUM \$20.00 ON CHARGE CARDS PLEASE**

HOT PANINIS

- P1 CHICKEN CORDON BLEU:** fried chicken cutlet, ham, melted swiss, russian dressing **\$11.50**
- P2 FRIED EGGPLANT:** Fried eggplant, roasted red peppers, fresh mozzarella, and pesto dressing **\$11.50**
- P3 GRILLED TURKEY:** Grilled turkey, bacon, melted swiss, lettuce, tomato, avocado, with pepper ranch dressing. **\$11.50**
- P4 CHIPOTLE CHICKEN:** Chipotle chicken, melted cheddar, lettuce, tomato, avocado and chipotle mayo. **\$11.50**
- P5 CAJUN SLICED STEAK:** cajun steak, with melted pepper jack cheese, sauteed onions, avocado. **\$11.50**
- P6 MESA CHICKEN:** Blackened chicken, melted pepper jack cheese, grilled peppers, avocado, mixed greens, chipotle mayo. **\$11.50**
- P7 BOURBON STREET:** Blackened chicken, crispy bacon, monterey jack cheese, grilled onions, avocado, bbq sauce **\$11.50**
- P8 BISTRO PANINI:** Grilled chicken, crispy bacon, melted brie, caramelized onions, pesto mayo. **\$11.50**
- P9 GRILLED CHICKEN:** Grilled chicken, roasted red pepper, fresh mozzarella, fresh spinach, balsamic reduction. **\$11.50**
- P10 BALSAMIC CHICKEN:** Grilled chicken, melted brie, sliced apples, mixed greens, honey mustard **\$11.50**
- P11 ROAST BEEF PANINI:** roast beef, mozzarella, onion rings, horseradish mayo. **\$11.50**
- P12 ITALIAN:** Ham, salami, pepperoni, prosciutto, red onion, roasted peppers, provolone, red wine vinaigrette **\$11.50**
- P13 CUBANO:** Herb pork, sliced ham, sliced pickles, melted swiss, mustard and mayo. **\$11.50**



HOT SANDWICHES

- HS1 NICOLE SANDWICH,** Fried chicken cutlet w vodka sauce, melted mozzarella. Served w/french fries **\$10.99**
- HS2 GRILLED HERB CHICKEN,** roasted red peppers, grilled onion, cilantro mayo. Served w/french fries **\$10.99**
- HS3 PESTO GRILLED CHICKEN,** roasted red peppers, grilled onions, fresh mozzarella, pesto mayo, served with french fries **\$10.99**
- HS4 GRILLED BBQ CHICKEN,** bacon, cheddar cheese, BBQ sauce served w french fries **\$10.99**
- HS5 TURKEY BACON SWISS MELT,** Turkey, bacon, swiss, lettuce, tomato, mayo. Served french fries **\$10.99**
- HS6 PHILLY:** Sliced steak, peppers, onions, provolone cheese, served with french fries **\$11.99**
- HS7 FRIED CHICKEN,** fried eggplant, melted fresh mozzarella, roasted red peppers, and pesto mayo... served w/ french fries **\$10.99**
- HS8 MARINATED HANGER STEAK,** caramelized onions, melted smoked gouda, avocado, and cajun mayo.... Served w/ french fries. **\$11.99**

FRESH SALADS



- S1 ORIENTAL CHICKEN,** served over mixed greens, mandarin oranges, oriental noodles, cherry tomatoes.. Choice of dressing. **small \$10.50** **large \$12.50**
- S2 HAWAIIAN CHICKEN,** served over mixed greens, pineapple, strawberry, shredded coconut, choice of dressing **Small \$10.50** **large \$12.50**
- S3 SESAME TERIYAKI CHICKEN,** mixed greens, cucumbers, cherry tomatoes, shredded carrots, red cabbage, choice of dressing. **small \$10.50** **large \$12.50**
- S4 CAESAR SALAD,** croutons, romano cheese, . . . **small \$8.50** **large \$10.50**
- S5 TOSSED SALAD,** tomatoes, cucumbers, shredded carrots, red cabbage, peppers, over iceberg lettuce, choice of dressing, **small \$8.50** **large \$10.50**
- S6 DMC SALAD,** mixed greens, crumbled goat cheese, cranberries, candied walnuts, choice of dressing **small \$8.95** **large \$10.95**
- S7 MANGO SHRIMP SALAD,** served over mixed greens, candied walnuts, sundried cranberries, and crumbled goat cheese **small \$10.50** **large \$13.50**
- S8 BLACKENED CHICKEN,** served over mixed greens, strawberries and almonds Choice of dressing **small \$10.50** **large \$12.50**
- S9 COBB SALAD,** romaine, grilled chicken, avocado, bacon, crumbled bleu, and grapes, **small \$10.50** **large \$12.50**
- S10 MAPLE GLAZED CHICKEN,** mixed greens, sundried cranberries, sliced apples, crumbled goat cheese, choice of dressing **small \$10.50** **large \$12.50**
- S11 GREEK SALAD,** iceberg lettuce, cucumbers, tomatoes, red onion, black olive, sliced peppers, and feta cheese. Choice of dressing, . . . **small \$10.50** **large \$12.50**
- S12 CRANBERRY WALNUT & AVOCADO,** mixed greens, sliced apples, tomatoes, cucumbers, and feta. **small \$10.50** **large \$10.50**
- S13 CHEF SALAD,** ham, swiss, turkey, american, hard boiled eggs, tomato, cucumber, carrots, over iceberg. Choice of dressing. **small \$10.50** **large \$12.50**

* DRESSINGS *

BALSAMIC VINAIGRETTE, RED WINE VINAIGRETTE, HONEY MUSTARD, RASPBERRY VINAIGRETTE, CAESAR, BLEU CHEESE, PEPPER RANCH, RUSSIAN, ORANGE MANDARIN GINGER, VINAIGRETTE, LOW FAT RASPBERRY, LOW FAT RANCH
EXTRA DRESSING **.50 CENTS**

* TOPPINGS *

. **ADD CHICKEN** **\$2.25**
. **ADD SHRIMP** **\$3.00**
. **ADD SALMON** **\$5.00**
ADD FRESH MOZZARELLA, GOAT CHEESE, CRANBERRIES, CANDIED WALNUTS, CROUTONS, OR ORIENTAL NOODLES **.75 CENTS PER TOPPING**

